

**SILVER HILL FOUNDATION**

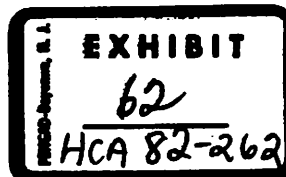
## New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. Narad

House 19-3



NAME DR. OSHEROFF Raphael

[illegible]

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. Nared

House B3

NAME Osheroff, Dr. - Raphael

| Date and Time     | Nurse  |
|-------------------|--|
| 3-5-79<br>7-3     | <p>pt much calmer this shift. more verbalization about past history. did clean for lunch ate very well. Becoming more aware and respectful of other patients which has influenced him to put on shorts. Walking on lawn in afternoon. Periods of inattentiveness during his 12 hr shift.</p>   |
| 3-5-79<br>3-11    | <p>Patient paced most of the afternoon and evening, but seemed calmer. Sat down to eat dinner for the first time. Told me of his plans (es "I'm going to go in to get a drink") rather than just doing things. Went up to lie down at 8pm but left lights on and didn't sleep or sleep. Got up occasionally for a cigarette. Less unsteadiness while pacing but still some. - Helen Crowell RN</p> |
| 3-5-79<br>6-12-79 | <p>11-12 - Sleeping fully clothed on top of covers. Woke 12-7 - Once to void. Refused to take shoes off but did get under bedspread. Very little verbalization - only answered questions. Sept rest of night - Very little movement. - Rose E. Lam RN</p>  |
| 3-6-79<br>1-3     | <p>pt made phone call @ 8:00 am to someone named "Louis" became very agitated and began to hit himself with his hand. was told that behavior inappropriate and began to talk more calmly. pt showered later in am. Did paced the entire rest of shift not stopping for lunch during period of 1/2 hr. - Helen Crowell RN</p>   |
| 3-6-79<br>(311)   | <p>Patient was pacing when I arrived. Spoke to me around 4pm. After dinner, which he ate standing up, he paced outside. He did sit down for long enough to have a cigarette. Went upstairs</p>   |

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## New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. Narad

House ..... **B3** .....

NAME Ashenoff, Dr. Irving

**Date and Time**

**Nurse**

8/4/79 Unstead name of agent noted. Motions seem calmer  
12-7 Facial & body features seem softer. Does not  
speak except to answer questions & very short  
replies (ex. "Do you <sup>(error)</sup> need anything?" -  
answer "No.") Only out of bed for 10 min.  
duration. Slept rest of night quietly - seems to  
be a more restful sleep - very little turning.  
Occasional coughing noted. Kase E. Hahn BN

|        |   |
|--------|---|
| 7-4-79 | Patient paced all afternoon but seemed a    |
| 7-3    | little steadier. After dinner patient paced |
|        | more but did voluntarily sit down for about |
|        | 10 minutes. Patient went up to his room     |
|        | and lay down at about 7:30pm. Was quiet     |
|        | but didn't seem to be asleep.               |

8/4/79-11-12- Sleeping - rest less, Fully clothed - Shura S. Subson  
8/5/79-12-7- Seizure at 2<sup>15</sup> to void very unsteady on  
feet c/o being dizzy. Still only allowed one  
but a attempt to give 2 more. Allowed Shura to  
be removed to ambulance for negative outburst.  
Passing flatus during night but no BM. When  
a sleep very little tossing or turning but occasional  
did talk in his sleep (I was unable to make  
any sense of sleep talking). Rose Ellen K.

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New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. Naved

House Barrett #

NAME Osheroff, Dr. Raphael

| Date and Time |   | Nurse            |
|---------------|---|------------------|
| 8-7-79        | "It's too small, not good enough. He did not sit down at either meal as he has at other times for lunch. Paced entire shift and did not make any phone calls. Apparent appeared tense, nervous. Refused shower. It appeared he could not tolerate legal papers which arrived in the mail which were sent to his office for safe keeping."                                 | Maureen Craig RN |
| 1-3(cont)     |   |                  |
| 8-7-79        | 3-11 Patient didn't pace as much today. Sat in living room and watched TV most of the afternoon. Mumbled quite a bit to himself "it's like a dream"; "Crazy, Crazy..." Told me he was "leaving, going away. I'll change my name and disappear." But also said he had "nowhere to go" — Helen Crowell PSNA   |                  |
| 8-7-79        | 11-12 Talking to spec. Reg. his cigarettes. Telling me  | Maureen Craig RN |
| 11-12         | Pt. was awake & restless when I came on duty. Attempted to carry on a conversation which covered mainly general news - music, my family nursing & some travel. Pt. did not volunteer any personal history or feelings on subjects. His attention span was short but he did attempt to follow the conversation - he did seem to notice small things I did & he thanked me. |                  |
| 8/8/79        | He glanced through the paper and a magazine. Pt. went to sleep at 12 <sup>20</sup>  |                  |
| 2-7           | on top of his covers and fully dressed. He did wake at 12 to have his shoes removed and went back to sleep immediately. His sleep was fairly quiet & deep. Periodically sleep talking. — Maureen Craig RN   |                  |





## SILVER HILL FOUNDATION

New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. Nard

House Barrett

NAME Oskorok, Dr. Raphael

| Date and Time | Nurse   |
|---------------|---|
| 8/14/79       | Sp. in attendance up at 7:30 Meals eaten standing. Shoes worn   |
| 7-3           | rejected new clothes. Paced outside all morning. Drs. apt. 9:30. 15 mins<br>resting motion w/ hands; holding penis while pacing IPRN Tracings:<br>11:15 Phone 1:15. Overheard asking woman to visit. Spike of "bin<br>symbolically dead. Take on personal responsibility for problems & family<br>relationships. Occasional verbal contact w/ special. Appears more aware<br>of others feelings. Appears agitated by presence of sp. - 11:45 PM. P-1  |
| 8-9-79        | Patient disclosed the afternoon between pacing and<br>3-11 lying down. In early evening he wrote a poem<br>which seemed to deal with the effects of his<br>hospitalization on his three sons. Became very<br>emotional when rereading poem and began to<br>cry. Made several phone calls to stepfather in<br>which he stated that Silver Hill "can't possibly be<br>help" and urged his stepfather to arrange to put<br>him in a nursing home. Conversational more freely,<br>conversations centered around <sup>the</sup> what he<br>speaks of as the "irreparable damage" he has<br>done <sup>to</sup> himself and he speaks of himself as<br>a "cripple". - Special in attendance 3-11 |
| 8-9-79        | Then Crocker PSNA<br>11-12 - Awake upon arrival. Talked for about 30 min. -<br>same theme - "can't work!" - "...like he no longer<br>exists" - wants what he had 2 years ago but "... it's<br>all gone - never to come back."   |
| 10/79         | 12-7 - Slept fairly well. Some tossing and turning -<br>talking in his sleep again. Rose Villan RN  |
| 8-10-79       | up at 7:30 AM. Paced in to food at 8:00 AM. Sat<br>7-3 for breakfast and to main house. Visitor for 1 hour<br>verbalized about previous hospitalization and absence<br>of social function. States depression is lifting &<br>medication visitor arrived in afternoon & appeared<br>very happy to see her. They discussed discharge plans  |

SILVER HILL FOUNDATION  
New Canaan, Connecticut  
NURSES' NOTES

Record No. 12335  
Dr. *hered*  
House *K3*

NAME *Oshery, Dr. Raphael*

| Date and Time                             | Nurse  |
|---|--|
| 8-8-79 7-3                                | up at 8:15 AM. Refused EEG   |
|   | stated there was no reason for it, showered and applied foot powder. stood for meals. Agitation and pacing about the same as yesterday. PRN Thorazine less effective sat for two periods of time for 10 min each. One at 9:30 AM reading a book and one at 1:45 PM relaxing in lawn chair. Spoke of losing his wife and baby. Special present 7-3 Maine Co   |
| 8-8-79 3-11                               | Patient seemed more relaxed, didn't pace at all but spent most of the afternoon lying down on his bed or in living room watching TV. More conversation. Expressed hopelessness about the future. Said "I give myself another year or two to live. I hope to die quietly of a quiet coronary in my sleep". Repeatedly mumbled to himself - mentioned a "David". Spoke of wife and children as "gone forever" and of himself as "symbolically dead". — Helen Crowell PS, RN add. Phone call to mother and stepfather at 10:15. Extremely aggravated stated "I cannot ever practice medicine, the pills will not help, I will never be well again. You have to make plans for my future. This means custodial care for my lifetime." Rt. spoke on phone for over a half an hour frequently raising his voice. special present 3-11 Helen Crowell PS, RN |
| 8-8-79 11-12                              | Lying fully dressed on top of covers - not asleep  |
| 8-9-79 12 <sup>20</sup> -12 <sup>30</sup> | making a phone call - kept repeating 2 phrases - "Listen to me" "You didn't (while standing)"  |
| 12 <sup>30</sup> -7                       | Back to bed - asleep at 1 <sup>30</sup> (under covers)   |
|   | Some tossing & turning and a few verbal outburst in his sleep. No conversation with nurse tonight. Spec. in attend care. Nurse Eileen RN   |



## SILVER HILL FOUNDATION

New Canaan, Connecticut

Record No. 12335

## NURSES' NOTES

Dr. Thrad

House B3

NAME Osheoff, Dr. Raphael

| Date and Time | Nurse  |
|---------------|--|
| 12-79         | at length no facing this shift. c/o  |
| 7-3           | thorazine causing dist. resp. and decrease in BP.                          |
| 8-10-79       | but didn't allow BP to be taken. complete                                  |
| 3-11          | personal medical special orient 7-3. Maxine Cline                          |
| 8-10-79       | Patient didn't pace at all today. Spent quite awhile                       |
| 3-11          | on the phone with his accountant discussing how he was                     |
|               | to live and how his children would be provided for.                        |
|               | Called several friends to read them the poem he wrote                      |
|               | on Thursday. Mentioned moving to Florida with                              |
|               | a companion for "the rest of my life". Asked                               |
|               | questions about Silver Hill and the other houses.                          |
|               | Seems much more amiable. Spent about a half an                             |
|               | hour looking through a music book. Special in attendance                   |
| 8-10-79       | (3-11) Helen Crowell PSNP-   |
| 8-10-79       | 1-12 Awake - restless - attempting to read but concentration               |
|               | very poor - polite but really not interested in making                     |
|               | any conversation - going to bathroom often                                 |
| 8-11-79       | 1-27 - becoming more restless - starting to pace - pre                     |
|               | med. given at 12 - did not fall asleep till after                          |
|               | 3 <sup>30</sup> - light off from 1 <sup>30</sup> - in out of bed tossing & |
|               | turning while in bed. When pt. fell asleep, he was                         |
|               | still restless & sleep talking. Rose E. Hume RN                            |
| 8-11-79       | 7-3 - 9 AM. Pt. cont. to pace at this hour despite the fact                |
|               | that he slept until about 8 <sup>30</sup> . Pt. refused his PRN            |
|               | thorazine - after interacting a nurse, he disclosed the                    |
|               | fact that his depressed state seems to be subsiding &                      |
|               | perhaps it is due to the medication. He checked the                        |
|               | dosage of 50 mg, which nurse verified and took it for him                  |
| 8-11-79       | Sat on couch from 11:00 AM to 1:00 PM stating he                           |
| 7-3           | could no longer get up because the thorazine                               |
|               | causes a decrease in BP, making him dizzy. Refused to                      |
|               | allow nurse to take BP. ate very well at lunch. Refused                    |
|               | shower. able to discuss clearly his feelings                               |



## SILVER HILL FOUNDATION

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Record No. 12335

## NURSES' NOTES

Dr. Varnal

House 133

NAME Osheroff, Dr; Raphael

Date and Time 8/12/79 7-3 present 7-3 PM Nurse

8-12-79 Patient paced all afternoon. Said he was feeling  
3-11 "especially bad today". Made several phone calls.  
Accidentally dialed his wife's number and spoke  
to her for a few minutes. Afterward he just sat  
in the phone booth for about 15 minutes. Spoke to  
parents in evening. Said "I can't work, I can't  
take care of myself, I'm impotent." Special present

3-11 Helen Crowder PSNA  
8/12/79- 1-12- Sitting in Living room - very abrupt - refusing to converse  
8/13/79- 12<sup>30</sup>-14<sup>0</sup> - Alternating pacing & getting in & out of bed - 90 hr  
12-7 being able to sleep. Thorazine 50 mg. given at 14<sup>45</sup>. Finally  
pt. started to voice his feeling - about (loneliness) "I  
have no one to turn to! I feel isolated" ... did you know  
I am impotent; fear - "I am nothing" .... I am  
afraid of being alone" .... "Do you understand I need  
someone to care for me... to hold me" etc. 14<sup>45</sup>-2<sup>30</sup>  
agitated state becoming worse - pt. also worrying about not  
sleeping. Stat order of Dalmane 30 mg. given. Still pacing  
at 3<sup>45</sup> Thorazine 50 mg. again given. Finally at 4<sup>30</sup>  
pt. fell into a very restless sleep. Still sleeping at 7<sup>0</sup>.  
Special present

8/13/79 7-3 PM Patient refused to get up earlier.  
for M.O. app. showed and complete personal  
appearance indicated c/o distress from  
"loneliness" Pacing and constant appear  
to be about the same. Apparent nervous  
gesture seen to be persisting, banging  
fingers on table and chair. Special  
present 7-3 PM

8-79 Patient seemed very agitated in late afternoon. After  
(3-11) dinner he sat and watched TV for about 1 1/2 hours.  
Talked to nurse for quite awhile in evening. Lay down and

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New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. Harad

House B3

Patient Asheroff, Dr. Raphael

| Date and Time | Nurse  |
|---------------|--|
| 8-16-79 11    | Appears more relaxed, sat in L.R. escorted to M.H. for dinner. Verbalized with staff, initiated some of the conversation; discussion in medicine. Received phone call from Mother, short conv. said he was "cut off". Remained in close contact with staff. Dr. M. Kerpcher R32                                  |
| 8-16-79 11-12 | Spent in attendance - hat as restless as last night but seems to be "coming around" re the Thorezine. Asked for his H.S. meds just before 12 - then had hot milk & lacto - spent in L.R. more relaxed.   |
| 8-17-79 12-7  | Asked for his Thorezine 50mg at 12:40 & went to bed. Thelma DeLuca R   |
| Added:        | Pt. spoke of nothing to live for, lost his profession status, family, felt he was "floating in space with no definite direction." Appeared to look very unkempt in appearance, dirty clothes on - spit on his shirt. Appeared to sleep from 1am on till remainder of shift. James Givelli                        |
| 8-17-79 7-3   | Pt. woke by himself at 9:15 and with encouragement. Stood and changed clothes. Mood - cheerful and appears cooperative. O.R. and Dr's appointment. Appetite excellent. Following lunch Pt. conversed with other patients - appeared relaxed. Pt. made several phone calls. Spent in attendance. Priscilla Bailey |
| 8-17-79 3-11  | Pt. remained in house most of shift. Spent for going to M.H. for dinner, made some phone calls but handled himself fairly through dinner restless but not pacing. Spent some time in L.R. & other pts. Thorezine 50mg  |
| 8-17-79 11-12 | Watched TV in L.R. also paging through magazine appeared depressed. Encouraged to go to bed. But   |



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New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. *Narad*

House *Barrett 3*

NAME *Osteroff, Dr. Rashed.*

Date and Time *8/15/79-3:30 PM* *Sept fairly well. Rose Elham RN* Nurse

*8/15/79 (7-3) Pt. had to be awakened at noon. Pt. lunch at main house, played piano before lunch. Pt. seemed fairly calm. At 5 PM motivated to encourage activities. Apts. 2nd floor being set up on individual topics. Pt's aggression improved and patient calm.*

*8-15-79 Patient seemed calm - but slightly agitated in the late afternoon. Paced some but a much larger space - down around the circle by Wilton House. Went to Main House for dinner and played the piano afterwards. Watched TV up there and talked to other patients which he seemed to enjoy. Said there were "too many old ladies at Barrett House". Special present 3-11 - Helen Crowell PSNA*

*8-15-79 11-12 Came to kitchen for snack then returned to room by 12M - Reading in bed.*

*8-16-79 12:7 am Becoming more restless & agitated. Offered phenazone and tried to get out of his room & that pill - talked to him some re. benefit of pill and bid him to trust us & give us a chance to help him. In 15 min. he requested the pill. Asked how much, was told 50 mg and he took it at 1:15, more talk re his life style and what he has lost & the failure he is in and what he can have in the future. Asleep by 1:45. Spent in attendance. - Thelma Deakin RN*

*added: Appeared to sleep remainder of shift - Heidi Jurek PS*

*8-16-79 Pt. awake at 10:00 AM, for good. He was not motivated about the work appearance. Pt. waiting on you at in C.T. house at 11:00 AM. friendly with other pts. When alone - Pt. kept saying "can't guess" small good Special in attendance - 10:00 PM 3:30 PM*

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12336

Dr. Nard

House Barrett

NAME Ashcraft Ray

| Date and Time    | Nurse  |
|------------------|--|
| 8-19-79 3-16 PM  | appeared in a fairly good mood. However seemed more restless in evening. Had what appeared to be an outburst while making a phone call & appeared rather agitated the rest of evening. I believe Audet.  |
| 8-19-79 11-12 PM | in the phone booth attempting to make call. After ignors house rules re. smoking & using staff bathroom.   |
| 8-20-79 12-7 AM  | appeared somewhat agitated. Sat & watched T.V. Dist mood but pleasant on approach. At 1 AM she looked up no. in yellow pages & asked how far Fairfield was. Then attempted to make phone call to "a business in Fairfield that is open all night". Staff was unable to prevent phone call but the no. apparently didn't answer. Asleep shortly after 2:30. Emily Leonard |
| 8-20-79          | At work at 9:00 AM. Watched TV. changed and interested in his schedule for day. At 10:00 AM came at 10:00 AM. At 11:00 AM with parents during lunch. At 12:00 PM came in at 12:00 PM. Volatile in the afternoon.   |
| 8-20-79 3-11 PM  | seemed fair - although quite restless - dinner at M.H. - in & out of kitchen & kitchen - did go to M.H. to play piano. Later in evening. Joan Shuler   |
| 8-20-79 11-12 PM | Seemed relaxed & really enjoying T.V. tonight.   |
| 8-21-79 12-7 AM  | Watched late movie. Frequently snacking. Asked about alcohol & when told he said "What else?" He had 2 <sup>nd</sup> & to sleep almost immediately. Seemed to sleep well thereafter. Emily Leonard   |
| 8/21/79 7-30 PM  | realized feelings of his depression and goals for the future. He seems much more relaxed & relaxed to good contact. Dr. J. better. Mary J. Ashcraft RN.  |

SILVER HILL FOUNDATION

New Canaan, Connecticut

Record No. 12335

NURSES' NOTES

Dr. Harad

House B-3

ME Ashcroft, Ray

8-17-79 sent but could not be convinced. Said he was never a good sleeper

8-18-79 12-7 AM Talked for a while & recited poem he wrote about his three sons missing the hang glider (pt) Retired at 120. Retired in top of bed quietly but still awake at 2:30. Slept from 3:40 when Opt. got up to bathroom. Very noisy. Opt said he was O.K. Back to sleep in short time, snoring through 6:30  
Emily Remond RA

8-18-79 (7-6) Pt. woke at 11:30, etc. seemed agitated. Still poor about personal hygiene. Pt. lunch at main house appeared calm, but did not mingle with other patients as much today. Pt. made several phone calls. Speech in attendance.  
Emilia B. Balle, PSN

8-18-79 3-11 course more relaxed this P.M. & in better mood. Spent much time talking to staff & rather pleasant @ times. Seemed to have had a better evening.  
Emilia B. Balle, PSN

8-18-79 11-12 Watched T.V. until 11:30 then retired to room.

8-19-79 12-7 Unable to get to sleep. Downstairs to smoke & talk. Very hapless about his future. Feels he will be chronically depressed and will need to be taken care of the rest of his life. Encouraged to try to enjoy small improvement and activities to hold & appeared to be asleep at 2 AM Up to B.R. between 3 & 4. Very noisy. Back to sleep almost immediately. Talking loudly in sleep at times.  
Emily Remond RA

8-19-79 (7-3) Pt. w. to 9:30, changed amb & cooperative about showering and changing clothes. Pt. started to walk after 2:30 PM. Large. Pt. day & night. Ill. Lunch. Pt. also seemed relaxed and joyful. Remond other patients. Special in attention.  
Emilia B. Balle, PSN

SILVER HILL FOUNDATION  
New Canaan, Connecticut  
NURSES' NOTES

Record No. 12 335

Dr. Narad

House BH 3

NAME Officer Dr. Raphael

| Date and Time     | Nurse   |
|-------------------|---|
| 8/23/79<br>12-7   | in being the complete failure that he is - Went to bed at 2am and slept thereafter. It was hours later rather than go to his room & has been asked not to but continues to do so - continues to smoke in h.k. in spite of NO Smoking rule there and has been told about it - <u>Staff</u> . It appears to be improving in spite of himself. - <u>Thelma Deulink</u>   |
| 8/23/79<br>7-3    | Out of unit most of morning - On schedule. After being called several times by staff - <u>McCarthy</u> & <u>Chapman</u> - little & <u>Staff</u> -   |
| 8/23/79           | Left for D.C. at 2:45. Virginia Dufford 2nd 3-11 returned from N.C. & escort after returning - <u>Manley</u> & <u>John</u> had a phone call brought some clothes, seemed rather restless but walking to hospital.   |
| 8-23-79<br>11-12  | Sitting out on front lawn talking to another P.T. Came in at 11 <sup>15</sup> for H.S. med. then back out again.  |
| 8-24-79<br>12-7am | Asked to come inside time to get to bed - P.T. did come in - made that chor. then talked in his room to other patient - at 1am was told it was time to get some sleep - However the relationship seems to be good for both - He is more relaxed and appears more comfortable asleep from 1 <sup>30</sup> the rest of noc. <u>Thelma Deulink</u>   |
| 8/24/79<br>7-3    | Pt. on schedule. Consented to send money to B.O. after his order was explained - <u>Manley</u> can be rude and sullen at times, spending considerable time in another female pt on unit. <u>Virginia Dufford</u> 2nd 3-11 is socializing & another P.T. at this afternoon - some contact - the other pts or staff - constantly around same matters - walking around kitchen and h.p. under strict supervision - <u>Agnus Flack</u> 2nd 3-11 |
| 8-24-79<br>3-11   | is socializing & another P.T. at this afternoon - some contact - the other pts or staff - constantly around same matters - walking around kitchen and h.p. under strict supervision - <u>Agnus Flack</u> 2nd 3-11   |

## SILVER HILL FOUNDATION

New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. Narae

House Barrett

NAME Oskoff Ray

| Date and Time | Nurse   |
|---------------|---|
| 8-21-79 3-11  | Continued to be verbal - & smiling more with the staff, more smiling & sharing on units. Watched D.V. on the evening. Joan Sheridan RN  |
| 8-21-79 11-12 | Relaxed in TV room  |
| 8-22-79 12-7  | Awoke until after 2 AM. Apparently sleeping on 3 AM round and until 5 A.M. at which time he was up to the Bathroom. Elizabeth Maslow PSN K  |
| 8-23-79 7-3   | Refused to go to E.R.C. Went to group therapy but left early. Unable to tolerate discussion. Re-stress in not placing. He denied by staff that smoking in the living room is prohibited. Verbalized the need for exercises to improve arm mobility. He refused staff suggestion that he go to RT. Increased interaction to staff. Tracy Highley RN  |
| 8-23-79 3-11  | Refused to go to E.R.C. Went to group therapy but left early. Unable to tolerate discussion. Re-stress in not placing. He denied by staff that smoking in the living room is prohibited. Verbalized the need for exercises to improve arm mobility. He refused staff suggestion that he go to RT. Increased interaction to staff. Tracy Highley RN  |
| 8-22-79 11-12 | Watching TV until 11:30 then retired to room  |
| 8-23-79 12-7  | Came back downstairs - "not sleepy" Had 2 cups of ice cream & was reading in L.R. - PT called to nurse who was at desk in hit. Talking to aide & he asked us to come in to him. PT talked at great length about being a "hapless invalid" - He is "oppressed to the diseases of depression". Darius thinks everyone understands how hapless his situation is - Talked about living in his former city in a house in Fla. Spoke of his boys and how he used to cook for them, when they were in prison give them their baths & get them ready for bed & tell them stories. He feels he's let them down |

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. NARAD

House B.H. #3

NAME OSHEROFF, DR. RAPHAEL

| Date and Time | Nurse   |
|---------------|---|
| 8-27-79       | 7-3 Cont.) but was reported to have been quite agitated in group. Out of unit most of shift. — Anna Catty, R.N.   |
| 8-27-79       | 3-11 Only unit mostly shift — To move after dinner — Now seemed quiet — J. J. J.  |
| 8-27-79 11-12 | Very quiet. Watching T.V. —   |
| 8-27-79 12-7  | No agitation or pacing. Engrossed in reading literature on treatment of depression and talked at length about his plans to initiate legal proceedings against Chestnut Lodge for having withheld medication vital to his treatment. ("10 million") Resisted all attempts to return to his room until 3 am. Slept all night. — Jane Rose, R.N.   |
| 8-28-79       | 2-3 P.M. up early — On telephone speaking to mother about Arthur's depression, which he had taken from nurse station last evening. Pt. seemed very excited, loud voice. After 15 minutes, mother apparently hung up. Pt. Angry — outside pacing — then sat in female pt. in front yard. No staff contact except to state at one point "I'm suing previous hospital for mal-practice for withholding medication — They destroyed me!" Pt. missed Dr. appt. making no reference of this to staff. — Virginia Bouffard, R.N. |
| 8-28-79       | 3-11 Pt. quiet — sat outside a female pt. — No pacing — no agitation noted. — J. J. J.  |
| 8-28-79       | 11-12 Chatting to another pt. in L.R. & watching T.V. — Seemed in quiet mood. —   |
| 8-29-79       | 12-7 am — Sat at desk chatting to staff — at 12:30 took med. and retired to room about 1:00 but came right down again — Patient became more agitated and restless — In & out of refrigerator eating voraciously — Pacing the floor — Smashing in L.R. altho knows the rule is no smashing in that room. Conversation became loud & belligerent. He repeatedly said "You don't understand — I  |

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. Kear

House BH 3

NAME Osheroff, Dr. Raphael

| Date and Time | Nurse   |
|---------------|---|
| 8/24/79 11-12 | Talking with female pt and watching T.V.  |
| 8/25/79 12-2  | Waking and eating. Encouraged to go to bed but would get up again. Asked repeatedly if staff noticed any improvement and he seemed pleased when he was given assurance. Asleep at 1:30. Slept well after 1:30. <u>Janie Rose R.</u>   |
| 8/25/79 (7-3) | Slept late. Wanted to see or hear her after noon. (Refused to give privileges which he accepted as a matter of course). Gave up after seeing her. Spent most of the afternoon "talking" to another pt. <u>Janie Rose R.</u>   |
| 8-25-79       | 3-11 pt appears to be less restless but eats compulsively and he himself stated "like an animal" seems to enjoy thundering in a noisy B.H. Mt. <u>Janie Rose R.</u>   |
| 8/25/79 11-12 | Watching T.V. and eating  |
| 8/26/79 12-7  | Talking with staff from 12-4:00 about his hopes and his bleak future. Rejected any reassurance. Encouraged to go to bed which he did for brief periods. Became increasingly agitated and when he requested Thorazine, it was given (5mg) Slept after 4 AM. <u>Janie Rose R.</u>                     |
| 8/26/79       | 7-3 PT slept until 11:15 - Ate large breakfast then sat in living room in nightclothes. Staff requested pt. to please dress in a more appropriate manner. Some interaction with female pt. Little with staff. Less restless but attitude can be read and underlying hostility. <u>Janie Rose R.</u> |
| 8/26/79       | 3-11 PT continued to app. restless - eating often - in & out of kitchen - much time spent with female pt. <u>Janie Rose R.</u>  |
| 8/26/79 11-12 | Restless and eating almost constantly   |
| 8/27/79 12-7  | Pacing and eating and repeatedly saying, "Why am I here?" Became extremely agitated - refused to go to his room. Pacing increased gradually - became rude and hostile. Thorazine, 5mg. given at 2:00. Slept well after medication. <u>Janie Rose R.</u>   |
| 8/27/79       | 7-3 On schedule today Did not appear agitated @ B.H.  |

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. Nursch

House Barrett #3

Patient Osborn, Dr. Lambert

Cont. 12-79  
Date and Time 8-30-79 Nurse

one at one time. At 1<sup>20</sup> the pt. abruptly got up from his chair and retired to his room. He appeared to be asleep on all further rounds. — Elizabeth Newman R.

Patient was extremely restless & agitated from 11 until he retired at 1<sup>30</sup>. In/out of bed - crying - cap boards. Talking to himself "Leave them alone, leave them alone etc. Punish yourself, punish yourself etc - Crazy Ray, Crazy Ray, on & on" — When sitting in chair in L.R. he was constantly rubbing his arms, scratching his ankles, pushing his ear back and appears to be having great difficulty holding himself together. He becomes worse at night when he tries to go to sleep because he can't imagine what is going to become of him "I have no legs, I've lost everything, I will be committed, I am I Dead Dead" — This patient appears worse since last seen to this nurse who did not see him for 4 days. Thelma D. D.

8/30/79 (7-3) 14 up and down for approx. 10:00 AM to 11:14 AM. Observed 14:00 to 14:14 at night. Observed 14:14 to 14:24. It is decreasing the depth of his depressive with the nurse. — Jane C. C.

8/30/79 3-11 Pt. came to N.O. demanding number of business office, then rudely grabbed phone from nurse's hand, shouting — angry outburst — No other staff interaction on this shift. Pt. remained at Main House & 2 female pt. from Barrett until 11:14 AM. — Elizabeth Newman R.

8-30-79 11-12 Still up at M.N. Unit 11<sup>30</sup> Returned & gave on rounds — ate 2 lg. pieces of Boston cream pie. He had choc. icing on it & ice cream & choc. sauce on that. Then about 10 of hot choc. Chattering & stopp and for PT. Wants to move to M.N. —

8-31-79 12-7am "I'm not tired or sleepy" when nurse suggested he go to bed at 1am. Had H.S. med. at 12<sup>30</sup>. At 1a



## SILVER HILL FOUNDATION

New Canaan, Connecticut

Record No. 12335

## NURSES' NOTES

Dr. ...Narad...

House B...#...

NAME Oshroff, Dr. Raphael

| Date and Time | Nurse  |
|---------------|--|
|               | <p>Have given myself a deep chronic depression - I am a vegetable. I will always have to have someone look after me - You don't know what I had, what I was like, who I was - how I am Dead Dead Dead - At 2 am PT was given Thorazine 50 mg and he ate &amp; paced continuously and chain punched until 3 am - Frequent coughing spells from 3 to 5 altho patient appears to be sleeping - Slept soundly rest of night. Only hostile mood tonight - Thelma Deulin Rn.</p> <p>8/29/79 (7-3) Showered, ate breakfast, left for group a few minutes late. Seems to respond to a positive approach - "tell me what to do, I'll do what I'm supposed to do". Returned from group and sat on front lawn. Reminded him of lunch house and then he left for M.H. for noon meal. <u>Anna City, R.</u></p> <p>8/29/79. 3-11 PT app. agitated, pacing in house - Staff tried to encourage him to sit &amp; talk. PT. Continued to repeat "that he will end up alone or in a halfway home" that he cannot make it - like he was - called his mother &amp; seemed to be angrier - played the piano at M.H. &amp; read "first &amp; last temp". Staff continued to attempt to structure him. - <u>Annulund &amp;</u></p> <p>8/29/79 1:15 PM. PT became very angry on the verge of appearing to lose some control - H.S. held firm.</p> <p>8-29-79 11-12<sup>th</sup> Reading in L.R. Appears agitated, restless.</p> <p>8-30-79 12-7 AM. Sitting at nurse's desk &amp; staff. Conversation consisted of talk about "marching bands", the pt. appeared to have a thorough knowledge of the subject; while sitting his fingers were busy tapping on the desk as though the desk were a drum. He talked about the marching bands and also belonging to</p> |

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12735

Dr. N. A. 43

House 01143

NAME

Cherrell, Rachael

Date and Time

Nurse

- 8/31/77 17-30 (cont.) After medication has taken effect nurse will talk to pt. about adjusting his therapy. Family arrived at 11:30. Kaye Ziegler
- 8/31/79 3-11 - New medication were discussed & pt. by day and evening staff. Pt. was agreeable and took 5 pm Phorazine without complaint. Stopped at 11:30 for dinner, some pacing and restlessness, eating a great deal from refrigerator. Taking small portion of food in 11-2 shift. Monique Lindell R.
- 8-31-79 11-12 Seemed quite agitated tonight. Asked to have the phone booth unlocked said that he couldn't get the phone out of his head. Co-operative when told he could use it in the morning. Pacing & sitting constantly. Seems to be trying for control but not able to achieve it at this time. Special in attendance. Emily Remond.
- 9-1-79 12-1am About 12<sup>30</sup> pt. stated that maybe he could get to sleep & went to room & removed trachea & slept on top of bed all night snoring frequently. About 1am pt. woke up got under the covers & went back to sleep. Emily Remond.
- 9/1/79 7-3. Slept until 8:30. Worked on O.T. project briefly. Int. soon became restless and agitated. Agreed to take medication at 10. Sitting outside to smoke pt. then came into B.H. and requested the stretcher saying he wanted to listen to his heart. Was asked to use it either in the nurses' office or in his room. Then wanted the blood pressure cuff. When nurse told pt. that staff would take his pressure if he wanted it taken, he became very angry and abusive. Behavior is impulsive and frequently inappropriate. Other B.H. staff try to avoid him. Kaye Ziegler R.
- 9-1-79 3-11 - Fine good afternoon and evening

**SILVER HILL FOUNDATION**

## New Canaan, Connecticut

Record No. 12335

## NURSES' NOTES

Dr. Narad

House Bennett #3

NAME Oskeroff, Dr. Raphael

Date and Time      Nurse  
 went into LR - Lying on couch - reading paper and  
 smoking - PT still insists on smoking in LR altho he has  
 been reminded of the no smoking Regl. for that room  
 Also, still was Knees Low. instead of going to his room  
 even tho' he has been asked not to. As he became  
 more agitated he ate everything he can find - ~~at~~ 1  
 Twelve 12<sup>30</sup> & 2<sup>30</sup> He became more & more agitated &  
 restless - He ate about 1<sup>st</sup> of cold cuts, ~~off~~ slices bread  
 Several slices of cheese - Asked for Sanka - Sug &  
 Droub that then poured tomatoe juice in a small  
 cup left & droub that - Refused PNH Thiazine  
 when offered at 2am went to room at 2<sup>30</sup> Came back  
 down at 2<sup>50</sup> - Pacing - ranting - yelling at staff  
 "You do not understand - over & over again - Slapped  
 his face again & again - Shaking his fist  
 at nurse but saying it is not directed  
 personally toward her that she must under-  
 stand that he is Dead, dead, dead, at  
 3<sup>15</sup> he asked for the (R) Thiazine - went to  
 his room - Lying on bed - moving arms  
 around in a very agitated manner &喃喃  
 to himself - Back down again at 3<sup>35</sup> -  
 Pacing - eating - smoking - talking - If you  
 don't talk to him he asks you don't give  
 him & no matter what you say it is  
 wrong because he is "Not a person" he  
 is just Dead - dead etc. Retired again to his  
 room at 4<sup>05</sup>. This PT couldn't possibly  
 sleep on the amt of food he consumed -  
 He must be miserable. Fell asleep immediately  
 and asleep thru night - Thelma Dublin RN  
 7/31/79 7-3 Agitation evident when pt. returned from  
 group therapy - given 100mg of Thiazine

## SILVER HILL FOUNDATION

New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. Nasad

House Barrett

NAME Osheroff Raphael

| Date and Time |  | Nurse |
|---------------|--|-------|
| 7-3           | Continues restless. seems less agitated  |       |
| 7-3-79        | On this shift Patient continues to verbalized feelings of his depression. — Violet Baker PSN   |       |
| 9-9-79        | 3-11 Pt in better control this evening - restless at times - spending time c female pt - 3000  |       |
| 9-3-79        | 11-12 Outside c female pt @ 11- . Paced in front of BH - 11:50 - 12. Sp. in attendance. Restless and verbalized some anxiety. — David Clapp PSNA   |       |
| 9-3-79        | 12-7 Paced in front of BH until 12:10. then paced inside. In bed 1:30. Apparently slept, except once to bathroom. Anxieties less pronounced than some previous occasions. — David Clapp PSNA   |       |
| 9-4-79        | 7-3 " I feel like a normal person in the morning. Depression has ruined my life. It has cost me my family and my job. I can't start over — you don't know what I had. Anything else I would be second rate. Several appointments better today. Seemed more calm than yesterday. Stayed @ M.H. after lunch. — Donna Esty R. |       |
| 9/4/79        | 3-11 Mood seemed in better control. Behavior more appropriate. Interaction c staff was pleasant and polite with no outbursts. No pacing noted. — Virginia Garfield PSN   |       |
| 9-4-79        | 11-12 Sitting outside c Special. Med. given at 11:15 Patient appears improved since last Fri. Told this nurse how much he enjoyed running. Female PT told this nurse PT had called his son & written to his in-laws very nice letters. Reading on bed at 11:45. — Thelma Dublin RN   |       |
| 9-5-79        | 12-7am This PT becomes more agitated as the time go to bed approaches. He begins pacing & pacing. He has been pacing since 11:45 tonight. On the same track — "you don't understand, you don't know what   |       |

## SILVER HILL FOUNDATION

New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. Nard

House Barnet

NAME Oshoff Raphael

| Date and Time | Nurse  |
|---------------|--|
| 9-1-79        | 3-11 cont. Spent time in female pt. and family, to visit for Annie and again. Female pt. from B.H. Taking medication. Some pacing but not eating. Quite much in 2 other days. — Marion W. Baker  |
| 9-1-79        | 11-12 Pt spent some time in female pt. Agitated and angry. "I can't write my own name." Major emphasis was that he was destined to be depressed all his life — no recovery of former occupation and success. Some pacing — David Clapp PSNA  |
| 9-2-79        | Continued anger and frustration at his position. Bed @ 12:45. At 2:45 asked to have head of bed raised. Apparently slept — David Clapp PSNA  |
| 9-1-79        | 7-3. Slept until 10:30. Appears restless. Continue to be impulsive. many demands. Pt. requested to have laundry done in a hurry. Staff explained the reason "Why it could not be done today." — Violet Baker PSNA  |
| 9-2-79        | 3-11 - Appropriate behavior spending time in female pt. and at M.H. of Annie. Taking medication & sleeping much. Less eating at B.H. — Marion W. Baker   |
| 9-2-79        | 11-12 Pt became increasingly agitated. In and out of the front door to smoke. Paced in front of B.H. accompanied by spouse. Reminded about the importance of obeying B.H. rules "What are you going to do with me. Lock me up in a State hospital?"  |
| 9-3-79        | 12-Mm Co operation after that. Frightened about future living arrangements. Unable to remain in bed for more than a few minutes. He still sleep never came easily to him. Warm milk & PRN Theraquin given at 2am. Pt didn't eat during this shift. Calmer after 2 <sup>30</sup> but didn't get to sleep until 4 am. Special in attendance. Seemed to sleep soundly after 4am — Emily Remond RN |



## New Canaan, Connecticut

Record No. 12335

Dr. Harold.....

House Roll #3

NAME George H. Thompson

|        |               |                                      |       |
|--------|---------------|--------------------------------------|-------|
| 9/5/79 | Date and Time | 9:00 a.m. to 9:00 p.m. - Ewing 11111 | Nurse |
|--------|---------------|--------------------------------------|-------|

Concentrate at 1 am, Patient asked nurse to walk with him  
for awhile then walked & special for awhile.  
Thinking about his last wife a great deal tonight  
Asleep by 2<sup>30</sup> ————— Helena Declin R  
Special in Allentown ————— Helena Declin R

9/5/79 7-3 Despite the fact that it was reported that this patient was quite volatile verbally during grp. session; it appears he seems in better control today; & seems to respond to limits. Mary J. Pochner<sup>KW</sup>

9/5/79 3-11<sup>00</sup> - Step-father visited in late after-  
noon. seemed to go very well. Spending  
time in female apt. Most quite good  
taking medication to R.H. for pain.  
several phone calls. Marge McInnis/R

9-5-79 11-12 Walking - female PT in front of KH - in/out of house - Spoken to re his wt gain (27 lbs) and eat at night - Cooperated by eating & drinking less.

9-6-79 12-7 am Less time spent tonight during time he would get in/out of bed talking about "I've given myself a chronic disease", "I will never be able to live a normal life again" etc etc - However, did not mention former wife tonight perhaps because female PT was in that pursuit of him. "Only once did he say" you don't understand, you don't know what I had - what I was" at which time he knocked his head together and raised his voice. The speech is a source of annoyance to him. He tries to ignore special and demands his "space" where special is concerned. Finally got settled around 4<sup>15</sup> and was up to BK 4<sup>15</sup> & back to sleep again.

Thelma Deulin R

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Dr. Nard

Record No. 12 535

House 130

NAME Oshkott Dr. Raphael

Date and Time 9-9-79

Nurse

9 PM

At operating - stay at home as long as possible

had and angry outbreak - then went to room

9 Cabin 1 down - 7 made 15 in room 5 down

open. 11-12 Pt had Pot chloride and was

quiet. Pool negative and birds.

Special Order by Geriatric Clinic (PS)

12-7 Pt appeared to be sleeping, but

checked a lot - Special Order (PS)

9/10/79 2-30 In room and returned room in 10 min

distance - more appropriate. This night - 11-12

and sleeping - stay about 10-12

medical advice - according to my plan

managing. On 10-12. 11-12 room nursing

and found a night at O.T. Continued to stand

11-12 3-11 11-12 11-12 11-12 11-12

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**SILVER HILL FOUNDATION**

## New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. Karand

House 153

NAME Ashup, Dr. Raphael

| Date and Time | Nurse   |
|---------------|---|
| 7/8/79        | 7-3 Pt. spending much time in another female pt. on unit - seemingly in a supportive role - interacting in staff in a humorous but appropriate manner. Appears more relaxed and generally in better control. No Compulsive eating. Left unit around 11am & female pt. not returning to B.H. Pt. did have lunch at Main House. On return from lunch pt. was requested to check in and but in staff at more frequent intervals. <sup>SH</sup> Virgin Boufford   |
| 18/79         | 3-11 Pt. pleasant & a serious humor - questioning his med's in detail - often repeats all the things that have happened to him - but seems less negative - speaks about his friendship & female pt. on positive - & humor speaks about the "real" humor did check in staff in & out - saw Steward   |
| 4/79 11-12    | Refused at first to leave female patient on campus bus but became amenable and cooperative. To his room at 12:30 <sup>Laiba</sup> <sub>pt</sub>   |
| 8/79 12-7     | Pt appeared to be sleeping from 12:30 am onwards - <sup>Convinced</sup> Clare P S N H   |
| 19/79         | 7-3 Over this shift, pt. appears to be angry & fiery, questioning meds & almost refused a PCH medication, but did take it. His agitation increased during this shift when he rec'd a phone call from his mother & step father & hung up on both people. Later, he rec'd another call from step father & after lengthy conversation his anger seemed to diminish. Strumming fingers on desk - "I am not depressed, I am angry!" - then around 9:00 & female pt. on duty "Angers" together <sup>many</sup> <sub>Paula</sub> & |
| 9-9-79        | 3-11 pt. at unit most of the shift - sitting out on lawn & another B.H. pt. - part of the afternoon - has c/c of indignation - showing some   |

SILVER HILL FOUNDATION  
New Canaan, Connecticut  
NURSES' NOTES

Record No. 12335  
Dr. Narsh  
House Barnet 3

PATIENT Charles W. Raphael

| Date and Time   | Nurse                             |
|---|-----------------------------------|
| 9/12/79 12-7  | Corinne Clare PSN                 |
| "fine new suits." Pt was coaxed to get back in bed. He was co-operative at this time. Pt appeared sleepy to end of Shift. Special on duty.  |                                   |
| 9/13/79 7-3   | Corinne Clare PSN                 |
| Pt was up early & jiggling very little around front of B.H. - seemed in good control & showing sense & humor. To Sen C sitting @ 11:30 trans. to M.H. 11 AM - Mary J. Borhara. No contact at present with staff. Planning to go for lunch & short time after lunch. - Rosalie H. H. H.  |                                   |
| 9-13-79 (3-11)  | Irene H. H. H.                    |
| Busy on the phone & sitting outside for dinner. Mood seems fairly good. Pt. had to be reminded several times that guests are not allowed past the 1st floor. Limited staff co.  |                                   |
| 9.13.79 11-12   | Special on duty Corinne Clare PSN |
| Special and Pt went walking. Stayed outside until 12 midnight.  |                                   |
| 11.14.79 12-7   | Special on duty Corinne Clare PSN |
| Pt appeared to sleep between 12.30 and 4.00 when he got out of bed, opened door to hallway attempted to urinate, but was directed to bath room. Pt appeared confused at this time. Went back to bed. Pt appeared to sleep until end of Shift. Special on duty - Corinne Clare PSN.  |                                   |
| 11/4-79 7-3   | Corinne Clare PSN                 |
| Pt wished to stop in New Canaan to buy Tee shirt, and have glasses repaired. It was arranged for him to have a special so he could do errands as well as go to Internats. He reacted by yelling & blaming. Calmed down and alternative plan arranged - Pt reacted again in B.O. over amt of money pt was given. Went by cab to apt. Very difficult to set limits to this pt - Janet Soyak |                                   |

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 2331

Dr. Nard

House B 3

NAME Osherhoff, Dr. Raphael

| Date and Time | Behavior  | Nurse                  |
|---------------|---|------------------------|
| 9-11-79       | Mood quiet, very little contact with staff  | Virginia Bonfante ASDA |
| 3-11          | talking in room with other pt. - Pat roamed P.S.N.A.  |                        |
| 7-11-79 11-12 | Reading newspaper; and discussing female pt. Elizabeth Inadence PSN   |                        |
| 7-12-79 12-7  | It appeared sleeping from 12 to 2:45 - pt asked spec to turn off light in bathroom and asked "What time is it" pt remarked "I am sleeping better" pt went back to sleep bed, appeared to be sleeping to end of shift. A fair night special on Identity Connie Close P.S.N.  |                        |
| 9-12-79 7-3   | Pt. dressed in early am - chatting in staff. At 9 am pt. called on staff member from 2nd floor - found sitting in chair. stated "I had felt dizzy" and almost fainted. B/P 98/70 - P 120. Staff remained in pt for 20 minutes at which time pt. stated he felt better and went to group. Pt. feels Pure episode was due to Thiazine. On schedule and out of unit, most of remainder of shift. | Virginia Bonfante ASDA |
| 9-12-79 3-11  | Mood quiet little staff contact went to R.T. at dinner for slide show talking with female pt Pat roamed   |                        |
| 9-12-79 11-12 | Pacing more tonight - talking about wife asking his Secy for his passport to go to Canada - also talking about making a home in Fla. - by Secy. Also thinking about move to M.H. PT Reg. P.N. Thiazine, Thiazine  |                        |
| 9-13-79 12-7  | It appeared to sleep for approximately one hour, then got out of bed, paced around room, appeared extremely restless. at 2:30 am he dressed himself in pt unit with tie. He inquired of Special "Do I look like a Doctor" female Upt was up, admired him but said "Your pants are big, why not go into town on Saturday and get   |                        |

## SILVER HILL FOUNDATION

New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. ... *Nared*

House ... *MH 24*

NAME *Osteroff, Dr. Raphael*

Date and Time *9-16-79 11-12* In Bed onset of Shift Nurse

9-17-79 12-7 Appeared sleeping on rounds - Bonnie F. Walker

9-17-79 7-3 Pt awakened at 6:15 Am. Complained of feeling faint when he returned from jogging after breakfast. B/p standing 90/60 and sitting lying 130/80. Voiced opinion that medication was making him feel faint. Much calmer today &amp; displayed signs of rationality &amp; awareness of condition &amp; other pts around him - Richard

9-17-79 (3-1) Requesting change of room. Wants a room on the first floor &amp; a shower. Visiting Silver Warts after dinner - watching "Young Love" &amp; female pt from another unit - the oldest stepson on cat

9-17-79 11-12 *Walking*

9-18-79 12-7 Appeared sleeping on rounds - Bonnie F. Walker

9-18-79 7-3 - Seems to be making an effort to be friendlier to staff. Difficult to get a direct answer, but he will respond to direct response. Mini-bus to New Canaan. Female friend directed to public rooms on first floor - Seems to be improving in his ability to set limits (slowly) friend Sergey

9-18-79 3-11 Socializing with a female pt from another house visiting at B.H. walking on grounds. Playing the piano with a male pt from L.H. Mood seems fairly good. Affect seems a bit more open. David Hanner

9-18-79 11-12 Pacing around house and then in room. Many trips up and down hall.

9-19-79 12-7 am In bed reading @ 12:20 am and sleeping 7 am. No % offered Eleanor Bliss

9-19-79 7-3 Patient awakened at 6:15 for breakfast and daily routine. Quite minimal interaction with staff. Spent time in n.o. reading the daily news. Keeps active. Apparently adhering to daily schedule.

SILVER HILL FOUNDATION  
New Canaan, Connecticut  
NURSES' NOTES

Record No. 12335

Dr. Narad

House Main 24

NAME Oshenoff, Ray

| Date  | Time   | Nurse |
|---|--------|-------|
| 3-11  | 4:30   | at    |
| Mood very changeable, returned from D.V. appt. got new glasses, had visitor for dinner, friend brought musical instrument, had a group session with all pt in L.R. satisfaction with all pt & staff, disregards rule about having pt from other houses in room. — Pat no new P.S.V.A. — |        |       |
| 3-14-79   | 11-12M |       |
| Restless, in and out of Main House, walking back and forth in front of Bldg.  |        |       |
| 3-15-79   | 12-7AM |       |
| Still restless, "my nights are the worst," to party at 1:00 A.M. then retired, appeared to have slept after 2 A.M. — Elizabeth Truitt R.S.  |        |       |
| 3-15-79   | 7-3 PM |       |
| Late, M.O.D. pleasurable. Visiting B.H. getting food. Left in Mini Bus for M.C. — Ralie Rupp R.S.V.A.   |        |       |
| 3-16-79   | 3-11   |       |
| Did not return on mini-bus. Returned by cab @ a later time & paid for cab & money borrowed from aide @ B.H. Catherine Staats  |        |       |
| 3-16-79   | 11-12M |       |
| Returned to M.H. after visiting B.H. @ 11:00 PM. Went directly to his room, read. Became progressively more restless, gave trips to party for snacks, paced the floor.  |        |       |
| 3-16-12-79  | 7AM    |       |
| Paced the floor, took a walk @ this writer in grounds, returned to N.O. decided to go to bed @ 2 AM. Appeared to have slept on all further rounds. — Elizabeth Truitt R.S.  |        |       |
| 3-16-79   | 7-3    |       |
| Expressing desire to go to music festival & group from M.H., permission obtained. discussion re staying & group and need to come back & peer who was driving. Seems to be moving at a slower pace today. — Janet S. Boykin R.S.   |        |       |
| 3-16-79   | 3-11   |       |
| Said he enjoyed music festival. Spent time visiting @ B.H. attended birthday party for pt. @ M.H., but was extremely restless. Much pacing. Spends most of his time @ f. pt. from another house. Catherine Staats   |        |       |

## SILVER HILL FOUNDATION

New Canaan, Connecticut

## NURSES' NOTES

Record No. 12335

Dr. Nasad

House Main #24

NAME Oshergoff, Dr. Raphael

| Date and Time | Nurse  |
|---------------|--|
| 7-21-79       | 11-12 <sup>h</sup> Playing piano @ 11 <sup>30</sup> pm. Watched TV until 12m.  |
| 7-22-79       | 12-7 <sup>pm</sup> Retired @ 1 <sup>PM</sup> In pantry @ 2 <sup>30</sup> had milk. back to bed apparently slept. Jay & Malachuk 25h  |
| 9-22-79       | 7-3 Pt. appeared in a good mood in early A.M. However became upset in the evening room when told that he could not stay on the Stillman Diet because he was seen going back to the buffet table after eating his diet plate. Strongly denied that he has broken his diet. No further mention of diet. Some shopping on mini - for Isabelle 25h |
| 1-22-79       | 3-11 Retired to M.H. From mini bus trip before dinner. Socializing with other pt. Mood seems fairly good. slight start contact. David Hannon 25h   |
| 7-22-79       | 11-12 <sup>h</sup> Returned from B.H. @ 11 <sup>30</sup> pm.   |
| 7-23-79       | 12-7 <sup>pm</sup> In 210 for H.S. med. Retired @ 12 <sup>45</sup> am. Apparently slept. Eleanor Bagg 25h  |
| 7-23-79       | 7-3 Pt. stated he doesn't feel depressed anymore. just sad. Appears restless @ times. Did some jogging in the morning & is trying to get in shape. 25h Isabelle M. 25h   |
| 7-23-79       | (3-11) Mood seems fair. Visiting at B.H. before dinner. Angry affect. upset several pts. at the dinner table. Limited staff and in house pt. interactions. Irene Hyden 25h   |
| 7-23-79       | 11-12 <sup>h</sup> Returned from B.H. @ 11 <sup>30</sup> pm. Retired @ 11 <sup>45</sup> pm.  |
| 7-24-79       | 12-7 <sup>pm</sup> Went to bed instead of coming to 410 for med. Was furious & humiliated for awakening him for med. Was certain he could not get back to sleep even tho' he always got up to go to B.R. at B. and was able to go back to sleep. He d. however in about 3/4 <sup>o</sup> and appeared to sleep thereafter. Thelma Devlin 25h   |



SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 1.2.3.3.5

Dr. Nasrad

House M.H. 34

NAME Chester D. Raphael

Date and Time 1-26-79 11-12 AM Nurse

On L.R. peers, listening to piano recital given by another pt. appears to enjoy listening. His needs 11:20

30-79 12-7 AM Retired at 1 AM after taking <sup>EEG</sup> med. Pt. looked calm. Had requested cigarette - Approved sleeping on rounds - lights in room kept on - Donnie Walker

7-30-79 Slept until 10<sup>30</sup>. Seemed sorry that he missed breakfast  
7-3 Pt. seemed in good spirits. Talking about his hobby (model trains) Wanted to go out on trip. Stated that his pass went alright but seemed happy to get back to work. <sup>PSN</sup> Elizabeth

7-30-79 3-11 Left @ 7<sup>30</sup> for religious meeting in Norwalk. Fannie ft. from another house accompanied them w/ permission. Pt. returned @ 10<sup>45</sup> and borrowed money from PSNA to pay cab fare (\$8.00) Mood good. Pt. calm. Catherine

30-79 11-24 Returned from visiting @ B.H. @ 11<sup>30</sup>. Visited staff until 12<sup>30</sup>, appeared somewhat concerned about his future plans, appeared to be sleeping on rounds. Apparently slept. Elizabeth Maxwell PSNA

0-1-79 7-3 Pt. slept late - awakened at 8 a.m. + at 9 a.m. Mood seemed good. Fasted this a.m. + left for Temple at 11 a.m. Very pleasant, well groomed + seemingly relaxed. Kathleen Landey PSI

0-1-79 3-11 Returned from Temple at 1 pm. ate chicken in N.O. Talked about his depression and that he felt diminished for being depressed. Talking + unable to focus. And in ill. U.S.A. Psychiatry to be released. Terrence K. Stetson

-1-79 11-12 Watching T.V. then preparing for bed.  
-2-79 12-7 Nurse Woke pt. at 1:00 PM to give him his med. Joked with nurse, sleeping until end of shift. Boalier

0-2-79 7-3 Awakened at 8 + 8.30 a.m. After breakfast seemed to come to N.O. for med. Asked if he could withdraw \$200/- to purchase clothes + did with Dr's permission. Calmly



## New Canaan, Connecticut

Dr. Nasael.....

House MD-24

House MD-24

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SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. *Narad*

House *MH 23*

NAME *Osheroff, Dr. Raphael*

| Date and Time | Nurse  |
|---------------|--|
| 10-2-79       | Could not waken since aide had seen him try to leave for NYC & other pt. volunteer informed staff pt had asked her to call a cab & she had refused. Aide informed pt that group therapist had phoned N.O. & pt then went to group at 9:45 am. Later, volunteer informed staff she had spotted pt in cab at 10:45 am leaving SHF. Pt returned at 12:55 p.m. when confronted by nurse as to his whereabouts & the diabetic problems that his absence had caused. Pt acted in very condescending & nonchalant manner saying "Don't worry about it so you shouldn't either." <i>Ruth C. Landy P.S.W.</i> |
| 0-2-79 (3-11) | Quiet afternoon - playing with trains in rec. Appears to need immediate gratification - such as having his question answered immediately - no cordial or whatever with action that is required. Writing letters after dinner - <i>Maureen K. Stokas G.P.</i>   |
| 10-2-79       | 11-12 Preparing for Bed. Playing With Trains. In Bed With clothes on.  |
| 10-3-79       | 12-7 Appeared to be sleeping on all rounds. <i>For</i>   |
| 10-3-79       | Patient called numerous times. Told for group about minimal contact - staff. <i>For Exchange</i>   |
| 10-3-79       | 11-12 am. Most of the day playing with trains. Little contact - some talk N.O. after dinner. Nurse made tea told he would have to wait until the nurse came back for dinner - seemed to be of some interest & very polite. <i>From P.H. Hall</i>   |
| 10-3-79       | 11-12 am. Returned from B.H. @ 11:10 pm. In N.O. chatting with staff. Mood pleasant. Reading to staff, letters and poem he had written to son and wife. Noticeable eye blinking noted.   |
| 10-4-79       | 12-7 am. Apparently asleep. <i>Elaine Blythe</i>   |
| 10-4-79       | 1-3. Pt awakened several times on request. Shouting at   |

SILVER HILL FOUNDATION  
New Canaan, Connecticut  
NURSES' NOTES

Record No. 1233

Dr. Naval

House mat

NAME Ochs, Dr. Raphael

| Date and Time | Nurse  |
|---------------|--|
| 11-12-79      | Watching T.V. until after 12:00 P.M. — — —   |
| 12-7-79       | In Bed With Clothes on. Appeared to be Sleepy on One Round. — — —  |
| 10-9-79       | Hard for pt. to wake up this a.m. Refused per Thorazine that he usually takes back soon says he feels "pluggish" today. Catherine Slater   |
| 10-9-79       | (3-11) Socializing with pt. from B.H. mood seems fair. Keeps occupied. Limited staff contacts. No complaints. — — —  |
| 10-9-79       | 11-12 <sup>M</sup> Visited @ B.H. until 11:30 P.M. Mood appears fair. return to home @ 11 <sup>PM</sup> P.M. — — —   |
| 10-10-79      | 12-7 <sup>PM</sup> Apparently Sleepy — — — Eleanor Bly   |
| 10-10-79      | Minimal Contact — Staff. Rushes in for med. 7-3 wakes out again. Apparently on schedule. — — —   |
| 10-10-79      | added to N.O. % feeling dizzy on arising & twinges sensations in lower arms and fingers. B.P. 100/60 sitting 92/60. Dr. Schewler noted medical notes to be held tonight. Pt complained to aide that he felt uncontrollably hungry, went to B.H. and ate large dish of ice cream & choc. sauce. Returned to unit B.P. 100/76 sitting and standing. Pt was concerned that his medication levels might drop and he would become depressed again. Dr. Schewler also called medication a lower dosage of elavil. It appeared short and worried in early part of evening. Calmer on return from visit to other unit. — — — |
| 10-10-79      | 11-12 <sup>M</sup> Watched T.V. for awhile then visited in D.O. Made a call just prior to coming to N.O. Appeared quite anxious, rel. to staff that he spoke to his wife and to his son. — — —   |
| 10-11-79      | 12-7 <sup>PM</sup> visited @ I.H.H. Apparently Sleepy thereafter. Elizabeth J. — — —   |

B/p 120/84

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. *Nasad*

House *71-24*

NAME

*Shirley M. Raphael*

Date and Time

Nurse

10-6-79

Pt. returned to his room around 8pm. Seemed quiet. I asked him how he felt and he replied that he felt so-so. He asked how Brian was and was interested in his condition. His lady friend was in his room for some time. His mood seemed quiet. He did not mix with any other pts. *Stephen M. C. D. P.S.N.*

10-6-79

11-12 Preparing for Bed had wife looking for his glasses in room (found them on head of Bed). Pt. talked wife to listen to some letters he wrote to his wife & son, also to watch train in room of ground. *Josephine P. P.S.N.*

10-7-79

12-7 Appeared to be sleeping in all rooms in his clothes. *Josephine P. P.S.N.*

10-7-79

1-3 Pt. appears restless & somewhat agitated this P.M. However did not voice any complaints & did not spend as much time in his Lady's room. *Josephine P. P.S.N.*

10-7-79

3-11 Pt. spent most of day visiting at B.H. - up to M.H. for dinner then back down to B.H. after dinner little contact but mostly pleasant on approach. *Blenn Miller P.S.N.*

10-7-79

11-12 Talking in P.D. Read letters to his wife to Nurse said good night at 11:30 -

10-8-79

12-7 Appeared to be sleeping in Tee Shirt & Shorts. Most of time go to Bed dressed. *Rosalee P. P.S.N.*

10-8-79

7-3 Awakened @ 8:00 & pt seemed more alert & energetic. Appeared <sup>ERROR</sup> in a good mood. Showed some kindness to members of staff. *Josephine P. P.S.N.*

10-8-79

3-11 Pt. went to hall - visited with a white house - after dinner - talked with pt. from another house - came in N.C. for a while then went to room - phone.



SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. Mars

House MH 24

NAME Osteroff, Dr. Raphael

| Date and Time | Nurse  |
|---------------|--|
| 10-16-79      | Awakened for breakfast and daily routine. Keen<br>active. Minimal contact with staff. Apparently adheres<br>to schedule. Mood seems fair — for Easterner   |
| 10-11-79      |  |
| 10-11-79      | 11-12 In N.O. at 11:00 + 11:30 for cigarette. —  |
| 10-12-79      | 12-7 Appeared to be sleeping under covers on one<br>round. — — — — — Rosalie Rapaport  |
| 10-12-79      | He received a large sum of money through<br>the mail. He reassured staff he would<br>take it to the business office to the safe<br>for "safe" keeping. Seems cooperative — kind  |
| 10-12-79      | 3/11 Mrs. Rapaport appears quite odd. Plans<br>on going to Washington tomorrow.<br>Verbalizing and/or about his<br>previous hospitalization. Socializing<br>with staff + pts. Mrs. ultimately appears<br>more relaxed re his situation.<br>— — — — — Mary O'Rourke |
| 10-12-79      | 11-12 Visiting in room a pt. from another unit. Then left to escort pt.<br>back to unit. Returned @ 11:55 PM.  |
| 10-13-79      | 12-7 AM. Remained awake until 2 AM. talked about his trip to DC<br>in the AM. somewhat anxious about future plans. Appeared<br>to have slept on all further rounds. — Elizabeth Truitt   |
| 10-13-79      | 7-3 Left on w/e pass @ 8 AM. Mood seems<br>pleasant — — — — — David S. Glick   |
| 10-15-79      | 3/11 Pt. called at 8 PM. Mrs. appears odd.<br>States "All is fine, he didn't want us<br>to worry but he has some business<br>to take care of and will return<br>around 3 PM tomorrow" — Mary O'Rourke  |

SILVER HILL FOUNDATION

New Canaan, Connecticut

NURSES' NOTES

Record No. 12335

Dr. Turner

House 1424

NAME Ashcroft, Dr. Raphael

Date and Time 2-3 Patient called approximately five times for Nurse  
 as he finally got up for a 9:00 Doctor apt. Mood seen  
 in keeping active. Mostly attending to apt. today.  
 Patient had a male visitor for lunch. Left @ 1 p.m. for week  
 end poss. Joan Eastman

2-27-79 11-12<sup>th</sup> Feeling to stiff member, appeared anxious. Retired to  
 bed at 11:30 P.M.

2-28-79 12-7<sup>th</sup> Apparently slept. Elizabeth Inadwell PSN

2-28-79 7-3 Up early. In phone for hrs after breakfast. Mood  
 quiet at present. And out of M.C. appears  
 preoccupied. Joan Eastman

2-28-79 11-12<sup>th</sup> Spent great deal of time on phone. Socialize  
 with another female pt. conversing about where  
 care. Pleasant to staff. Joan M. Taylor

2-28-79 11-12<sup>th</sup> Sleeping soundly.

2-29-79 12-7<sup>th</sup> Apparently slept. Elizabeth Inadwell PSN

2-29-79 7-3 Up early. Mood seems good. Busy on the tele  
 phone. Keeps active. Apparently adhering to schedule  
 Patient late for transition group. Female pt. from  
 another home visiting. Pt. requested cal to visit him  
 at 2:30 at D.T. Pt. was denied permission. Requested to talk  
 to his doctor tomorrow. Joan Eastman

2-29-79 7-11 seemed anxious yet - began to move mostly to himself - some activity  
 at staff meeting - in phone after dinner - possibility of  
 leaving home without permission when alone - activity well  
 at dinner - pleasant Joan M. Taylor

2-29-79 11-12<sup>th</sup> Sleeping

2-30-79 12-7<sup>th</sup> Apparently slept. Elizabeth Inadwell PSN

2-30-79 7-3 Apparently had difficulty controlling his  
 emotions in group this AM - Stormed out  
 slam banging things around. Went back shortly



SILVER HILL FOUNDATION

New Canaan, Connecticut

Record No. 12335-

NURSES' NOTES

Dr. Nasad

House M.H. 24

| NAME          | Osheaff, Dr Ralphall   | Nurse |
|---------------|--|-------|
| Date and Time |  |       |
| 10-19-79      | 3-11 Pleasant - Left on week-end pass at 4:30 pm, via train. — Irene Hapben RN   |       |
| 10-21-79      | PT called SHF at 9:25 p.m. saying he was at the airport in NY & was waiting to catch a train to Connecticut. Nurse informed therapist of pt's call. — Ruth C. Landry PSN   |       |
| 10-21-79      | 11-12 <sup>th</sup> Returned @ 11:00 pm: Mood pleasant. —  |       |
| 10-22-79      | 12-7 <sup>th</sup> PT appears good - mood excellent - however, at night he does pace a bit and things look big and a bit overwhelming - seems to need to talk it over. He hates the thought of being alone - we talked of house keeper. He has second thoughts here of living in former setting. Retired at 1:30 and appeared to sleep. Thelma Decker RN |       |
| 10-22-79      | 7-3 PT Called several times in AM. Did not get out of bed until 11:15, missed group. No contact with staff out of house after lunch until end of shift. Proper RN  |       |
| 10-22-79      | 3:11 IN NO asking for PRN appeared anxious, visiting a female pt from an other house. Walking on grounds & friend after dinner. Little staff contact. — David Hannan PSN   |       |
| 10-22-79      | 11-12 <sup>th</sup> Sleeping on top of bed fully clothed @ 11:00 pm. —   |       |
| 10-23-79      | 12-7 <sup>th</sup> Appeared to be asleep on grounds. — Jay C. Malachuk PSN   |       |
| 10-23-79      | 7-3 up early. In AM. Walking with staff. Mood appears quiet. ON schedule. Rosalyn Gussler RN   |       |
| 10-23-79      | 3:11 Visiting a female pt in an other house. Little staff contact. — David Hannan PSN  |       |
| 10-23-79      | 11-12 <sup>th</sup> Watching TV & press. Retired @ 12:00. —  |       |
| 10-24-79      | 12-7 <sup>th</sup> Apparently slept. — Jay C. Malachuk PSN   |       |
| 10-24-79      | 7-3 up early. Attended group then off grounds. Waiting for pts return. — Thelma Decker RN  |       |
| 10-24-79      | 3:11 Visiting a female PT at BH. Mood seems preoccupied. Little staff contact. — David Hannan PSN  |       |
| 10-24-79      | 11-12 <sup>th</sup> Walked female patient to B.H. and returned promptly. — Eleanor B. Begg   |       |
| 10-25-79      | 12-7 <sup>th</sup> Apparently slept. —   |       |

## New Canaan, Connecticut

Dr. Narain.....

House ..... 07H 27

JAME Ysheroff, Dr. Raphael.

| Date and Time | Nurse   |
|---------------|---|
|               | later and apologized to the group. Seemed to be having a difficult time today. Mixed his appointment to his therapist. Apparently met therapist and had a discussion. Janet & Joyahar   |
| 10-30-79 3-11 | Pt. appears a bit uncertain today. Very appreciative to staff for small efforts. Made to him. Visiting with patients. D. J. at 5:30 PM for dinner - Mary & Barbara P.S.N.   |
| Added         | Returned from dinner & G. playing the piano. appeared pre-occupied, wound up. David Harmon P.S.N.   |
| 10-30-79      | 11-12 <sup>th</sup> Visiting @ B.H. Returned @ 12 M. - Jay C. Malachuk  |
| 10-31-79      | 12-7 <sup>th</sup> In p.m. requested (R) meds, given talked a staff for short while, retired. Apparently slept - Jay Malachuk   |
| 10-31-79      | 7-3 UP at 11:00 AM. No group. Missed Breakfast Pt. Stating "he doesn't understand how he could miss Breakfast did anyone call me?!! Called 4 Times Before Breakfast once after Breakfast. In N.G. Short time off grounds for the must be back for 2:30. Appr. - Rosalie Harper B.S.N. |
| 10-31-79      | 3-11 Pt. appears preoccupied. In N.O. briefly, very quiet. Went to R.T. to the Halloween party and later to B.H. to socialize. Voiced no complaints. Irene Hapkins  |
| 10-31-79      | 11-12 <sup>th</sup> Preparing for bed @ 11:30 PM  |
| 11-1-79       | 12-7 <sup>th</sup> Appeared to be asleep & sounds. - Jay C. Malachuk P.S.N.   |
| 11-1-79       | 7-3 Called 4 Times to get up this PM. Up at 8:15 mood pleasant. Came into N.O. to say Good-Bye Discharged at 1:30 PM. 11/1/79 - Rosalie Harper B.S.N.   |